

2011-12 South Dakota Track and Field Personal Bests

Women

<u>Athlete (Yr.)</u>	<u>Event</u>	<u>Mark/Time</u>	<u>Meet</u>	<u>Date</u>	
Jessica Brandli (Jr.)	800 meters	2:24.80	Nebraska Invitational	5/4/12	
	Mile	5:09.18	John Dalton	2/17/12	
	1,500 meters	4:42.19	Nebraska Invitational	5/5/12	
	3,000 meters	10:02.25	Summit Indoor Championships	2/25/12	
	5,000 meters	17:23	Summit Indoor Championships	2/24/12	
	10,000 meters	39:15	Sioux City Relays	4/13/12	
Bethany Buell (So.)	Pole Vault	14-3 1/2	Long Beach State Invitational	4/21/12	
Brittney Chambers (Sr.)	200 meters	26.54	Mount Marty Twilight	4/24/12	
	400 meters	57.89	Nebraska Invitational	5/5/12	
	600 meters	1:41.03	Jack Johnson Classic	1/21/12	
Tansha Clarke (So.)	800 meters	2:22	Bill Bergan Invite (ISU)	1/29/11	
	Heptathlon	4,593	GWC Outdoor Championships	5/13/11	
	Pentathlon	3,280	Summit Indoor Championships	2/24/12	
	200 meters	26.49	Bryan Clay Invite	4/15/11	
	60-meter hurdles	9.05	GWC Indoor Championships	2/27/11	
	100-meter hurdles	14.66	GWC Outdoor Championships	5/13/11	
	Long jump	18-1	Drake Relays	4/26/12	
	Shot Put	38`6` `	GWC Indoor Championships	2/27/11	
	Triple Jump	37-5	Wildcat Classic	3/31/12	
	Javelin Throw	113`3` `	Baldy Castillo Invite	3/18/11	
	800 meters	2:41.62	GWC Outdoor Championships	5/13/11	
	High jump	5-2 1/2	Summit Indoor Championships	2/24/12	
	Jilanne Doom (RFr.)	Mile	5:31.23	Jack Johnson Classic	1/21/12
		1,500 meters	5:18.42	Dakota Duals	4/6/12
3,000 meters		11:09.34	Bill Hillenbrand	2/2/12	
5,000 meters		19:51.80	Sioux City Relays	4/13/12	
60-meter hurdles		8.71	John Dalton	2/17/12	
Alexa Duling (Jr.)	100-meter hurdles	14.20	Texas Relays	3/30/12	
	400-meter hurdles	59.79	Drake Relays	4/28/12	
	400 meters	54.52	GWC Outdoor Championships	5/13/11	
	200 meters	24.43	Howard Wood Dakota Relays	5/7/11	
Molly Ervin (Fr.)	100 hurdles	15.22	Nebraska Invitational	5/4/12	
	200 meters	25.88	Dakota Duals	4/6/12	
	60 hurdles	9.55	Alumni Meet	1/14/12	
Amber Ewers (Fr.)	400 meters	58.53	Bill Bergan Invite	1/28/12	
	200 meters	26.83	Alumni Meet	1/14/12	
Katie Ferguson (So.)	Long jump	16-0 1/4	Twilight Meet	4/25/11	
	Triple jump	35-2 1/2	Howard Wood Dakota Relays	5/7/11	
Christena Georgas (Jr.)	Shot	43-9 1/4	GWC Outdoor Championships	5/13/10	
	Discus	122-7	SDSU Twilight	4/27/10	
	Weight throw	53-01	Bill Hillenbrand	2/2/12	
	Hammer Throw	154-7	Mount Marty Twilight	4/24/12	
	Javelin	77-6	SDSU Twilight	4/15/11	
Ashleigh Giese (So.)	800 meters	2:18	Bill Bergan Invite (ISU)	1/29/11	
	Mile	5:05	Summit Indoor Championships	2/24/12	
	3,000 meters	10:21	Iowa State Classic (ISU)	2/11/11	
	1,500 meters	4:44.15	Kansas Relays	4/19/12	
	1,000 meters	3:00.09	Frank Sevigne	2/4/11	
Ali Gress (Jr.)	800 meters	2:20.67	Howard Wood Dakota Relays	5/7/11	
	1,500 meters	5:04	SDSU Twilight	4/27/10	
	Mile	5:05.87	Summit Indoor Championships	2/24/12	
	3,000 meters	10:57	Bill Hillenbrand	2/2/12	
	5,000 meters	18:41	ISU Classic	2/9/12	
Emily Grove (Fr.)	10,000 meters	39:04.36	Kansas Relays	4/19/12	
Amber Hegge (Sr.)	Pole Vault	13-9 1/4	Texas Relays	3/30/12	
	Long jump	18-6 1/2	GWC Indoor Championships	3/2/09	
	Triple Jump	38-4 1/4	NCC Outdoor Championships	5/10/08	
	High Jump	5-5	GWC Indoor Championships	3/2/09	

Megan Hilson (Fr.)	800 meters	2:26.04	Double Dual	4/9/11
	Mile	5:09	Twilight Meet	2/18/11
	1,500 meters	4:54.64	Sioux City Relays	4/15/11
	3,000 meters	10:20	Bill Bergan Invite (ISU)	1/29/11
	5,000 meters	17:43	Iowa State Classic (ISU)	2/11/11
	10,000 meters	38:18.73	Sioux City Relays	4/15/11
Kasey Hohl (Jr.)	800 meters	2:37.44	Double Dual	4/9/11
	3,000 meters	11:31.60	John Dalton	2/6/10
	5,000 meters	19:29	Sioux City Relays	4/14/12
Analisa Huschle (Fr.)	60-meter hurdles	7.55	Summit Indoor Championships	2/25/12
	100 meters	11.79	Nebraska Invitational	5/5/12
	200 meters	24.27	Dakota Duals	4/6/12
	High jump	5-6	Alumni Meet	1/14/12
	Long jump	19-2 1/2	Nebraska Invitational	5/5/12
	Triple jump	39-3 1/4	Summit Indoor Championships	2/25/12
Anna Hyronimus (So.)	400 meters	58.24	Twilight Meet	4/2/11
	200 meters	27.66	Mount Marty Twilight	4/24/12
Josee Jansen (Fr.)	800 meters	2:32.63	Jack Johnson Classic	1/21/12
	Mile	5:09.95	John Dalton	2/17/12
	3,000 meters	10:19.70	Summit Indoor Championship	2/25/12
	5,000 meters	17:52.87	ISU Classic	2/9/12
Ashlea Johnson (Jr.)	Long jump	18-4 1/4	GWC Indoor Championships	2/26/10
	Triple jump	37-5	Long Beach Invite	4/15/11
	200 meters	26.02	GWC Indoor Championships	2/27/11
	60 meters	8.02	GWC Indoor Championships	2/18/11
Rachael Johnson (Fr.)	60-meter hurdles	8.63	Bill Hillenbrand	2/2/12
	Long jump	16-1	Dakota Duals	4/6/12
	100 meters	13.53	Mount Marty Twilight	4/24/12
	200 meters	27.99	Wildcat Classic	3/31/12
Haley Juhnke (Sr.)	60-meter hurdles	8.83	ISU Classic	2/9/12
	100-meter hurdles	14.36	GWC Outdoor Championships	5/14/11
	400-meter hurdles	1:02.15	GWC Outdoor Championships	5/14/11
	400 meters	59.65	Bill Bergan	1/28/12
Alena Laber (So.)	800 meter	2:36.56	Vance Butler Invite	4/2/11
	1,500 meters	5:11.75	Vance Butler Invite	4/2/11
	3,000 meters	11:04.93	Double Dual	4/9/11
	5,000 meters	19:39.42	Nebraska Open	5/1/11
	10,000 meters	41:47.11	Sioux City Relays	4/15/11
Emma Ladwig (Jr.)	400 meters	55.69	Aztec Open (San Diego State)	3/16/12
	600 meters	1:33.60	Jack Johnson Classic	1/21/12
	800 meters	2:06.83	ISU Classic	2/13/10
	1,500 meters	4:32	GWC Outdoor Championships	5/13/10
	Pole Vault	12-10 1/4	Long Beach State Invite	4/21/12
Carol Miller (Jr.)	800 meters	2:18.01	Howard Wood Dakota Relays	5/7/11
	1,500 meters	4:41.36	Twilight Meet	4/25/10
	Mile	5:03	GWC Indoor Championships	2/27/11
	3,000 meters	10:32	Jack Johnson Classic (MN)	1/22/11
	Steeplechase	11:20	Vance Butler Invite	4/2/11
	5,000 meters	19:08.12	Wildcat Classic	3/31/12
	400 meters	1:03.44	Mount Marty Twilight	4/24/12
	Weight throw	51-0	Bill Bergan Invitational	1/29/11
Lindsey Montileaux (Fr.)	Shot put	50-3 1/2	Kansas Relays	4/20/12
	Discus	165-9	Kansas Relays	4/21/12
	Hammer	180-5 3/4	GWC Outdoor Championships	5/12/11
	400 meters	1:01.21	Bill Hillenbrand	2/2/12
Kristie Mullen (Fr.)	800 meters	2:15.62	Kansas Relays	4/19/12
	1,500 meters	4:56.22	Nebraska Invitational	5/5/12
	100 meters	13.08	Wildcat Classic	3/31/12
Sara Nelson (Fr.)	200 meters	26.67	200 meter dash	4/6/12
	800 meters	2:16.02	Kansas Relays	4/19/12
Natalie Newman (Sr.)	600 meters	1:39.22	Jack Johnson Classic	1/20/12
	Pole Vault	9-4 1/4	GWC Outdoor Championships	5/12/11

Sigornie Pfefferle (So.)	1,500 meters	5:06.48	Long Beach Invitational	4/16/10
	Mile	5:26.87	John Dalton	2/6/10
	3,000 meters	10:36	Wisconsin Elite Invite	1/29/10
	5,000 meters	18:16	GWC Indoor Championships	2/26/10
	10,000 meters	38:27	Mt. SAC Relays	4/15/10
Kasey Presler (Fr.)	800 meters	2:24.87	Mount Marty Twilight	4/24/12
	Ellysa Reinke (Fr.)	Discus	139-10	Sioux City Relays
Christina Roberts (Jr.)	Hammer	110-2	Dakota Duals	4/6/12
	60 meters	7.88	John Dalton	2/17/12
	100 meters	12.30	GWC Outdoor Championships	5/13/11
Kelsey Robish (Jr.)	200 meters	25.56	GWC Outdoor Championships	5/13/11
	Long Jump	17` 8 3/4`	Bryan Clay Invite	4/15/11
	800 meters	2:22	Nebraska Open	5/8/10
	Mile	5:22	Jack Johnson Classic	1/21/12
	1,500 meters	5:01.16	Sioux City Relays	4/14/12
Darci Schwartz (Sr.)	3,000 meters	10:32.90	Jack Johnson Classic	1/21/12
	5,000 meters	18:14.45	Sioux City Relays	4/14/12
	Steeplechase	11:48.89	Double Dual	4/9/11
	Weight throw	48-10	Summit Indoor Championships	2/24/12
	Shot put	45-0	Summit Indoor Championships	2/24/12
Kayla Smith (Sr.)	Hammer	168-3	Wildcat Classic	3/31/12
	800 meters	2:30.47	Nebraska Open	5/1/11
	5,000 meters	19:55.87	Vance Butler Invite	4/2/11
Kristin Steffen (So.)	1,500 meters	5:09.59	Double Dual	4/9/11
	10,000 meters	41:27.31	Twilight Meet	4/25/11
	Mile	5:15.26	Bill Hillenbrand	2/2/12
	3,000 meters	10:25.49	Frank Sevigne Invitational	2/4/12
	5,000 meters	18:07.97	Jack Johnson Classic (MN)	1/22/11
Ashley Sveum (Jr.)	Steeplechase	11:42.24	Double Dual	4/9/11
	200 meters	26.28	Long Beach Invite	4/15/11
	400 meters	56.10	Long Beach Invitational	4/21/12
Shelby Tucker (Fr.)	800 meters	2:25	Baldy Castillo Invite	3/19/10
Britni Waller (So.)	800 meters	2:23.49	Double Dual	4/9/11
	Mile	5:09	Alumni Meet	1/14/12
	3,000 meters	10:10.58	Bill Bergan Invitational	1/28/12
	5,000 meters	17:36.81	Summit Indoor Championships	2/24/12
	1,500 meters	4:45.43	Double Dual	4/9/11
Tricia Watson (Fr.)	10,000 meters	40:40.03	GWC Outdoor Championships	5/12/11
	60-meter hurdles	9.64	USD Twilight	2/18/11
	100 meter Hurdles	15.20	Double Dual	4/6/12
	200 meters	27.91	USD Twilight	2/18/11
Rachel Weinandt (Fr.)	400 meter hurdles	1:03.44	Bill Hillenbrand	2/2/12
	800 meters	2:15.25	Long Beach State Invite	4/21/12
	400 meters	59.12	Mount Marty Twilight	4/24/12
Kate Wellensiek (So.)	Hammer	164-8	Mount Marty Twilight	4/24/12
	Discus	128-4	GWC Outdoor Championships	5/13/10
	Weight throw	44-6 1/4	Wisconsin Elite Invite	1/29/10
	Shot put	40-10 1/4	USD Alumni Meet	1/23/10
	Javelin	148-2	Kansas Relays	4/20/12
Betsey Whisonant (Jr.)	Pole vault	12-3 1/2	John Dalton	2/17/12
	High jump	4-11	GWC Outdoor Championships	5/14/12
Gabriel Williams (Jr.)	60 meters	7.56	Bill Bergan Invite (ISU)	1/29/11
	100 meters	11.85	Howard Wood Relays	4/30/10
	200 meters	25.19	GWC Indoor Championships	2/27/11
Kenna Wolter (Sr.)	Triple jump	41-9 1/4	Summit Indoor Championships	2/25/12
	Long jump	19-0 1/2	GWC Indoor Championships	2/26/10
	High jump	5-0 1/4	Alumni Meet	1/14/12

Men

Athlete (Yr.)	Event	Mark/Time	Meet	Date
Kyle Ballew (Jr.)	Pole Vault	17-5 3/4	Nebraska Invitational	5/5/12
Nick Beare (Sr.)	3,000 meters	9:07.35	Double Dual	4/9/11
	5,000 meters	15:54.99	Vance Butler Invite	4/2/11
	10,000 meters	34:49	GWC Outdoor Championships	5/15/09
Lukas Bernard (Fr.)	400 meters	49.43	Bill Bergan Invitational	1/28/12
	60-meter hurdles	8.75	Alumni Meet	1/14/12
	400-meter hurdles	55.18	Wildcat Classic	3/31/12
	110-meter hurdles	14.72	Double Dual	4/6/12
Jeremy Blount (Sr.)	60 meters	6.87	Twilight Meet	2/18/11
	100 meters	10.82	Baldy Castillo Invite	3/18/11
	200 meters	21.81	Baldy Castillo Invite	3/18/11
Travis Brenner (So.)	800 meters	1:52.05	Mount Marty Twilight	4/24/12
	Mile	4:13.87	Frank Sevigne Invitational	2/4/12
	1,500 meters	3:55.02	Mt SAC	4/15/11
	3,000 meters	8:52.80	Jack Johnson Classic	1/20/12
Tim Brown (Sr.)	60 meters	7.11	GWC Indoor Championships	2/26/10
	100 meters	10.98	Nebraska Invitational	5/5/12
	200 meters	21.68	Nebraska Invitational	5/5/12
Michael Burrus (Jr.)	60 meters	6.85	Alumni Meet	1/14/12
	100 meters	10.64	Baldy Castillo Invite	3/19/10
	200 meters	22.26	John Dalton Invitational	2/17/12
Jared Clement (Sr.)	100 meters	10.68	GWC Outdoor Championships	5/14/11
	200 meters	21.70	Double Dual	4/6/12
	60 meters	7.06	Jack Johnson Classic (MN)	1/22/11
Parker Erickson (So.)	200 meters	23.30	Double Dual	4/9/11
	400 meters	49.32	GWC Indoor Championships	2/27/11
	600 meters	1:24.76	Jack Johnson Classic (MN)	1/22/11
Jacob Evenson (So.)	800 meters	1:56.72	Howard Wood Dakota Relays	5/7/11
	1,000 meters	2:50.26	Alumni Meet	1/14/12
	1,500 meters	3:59.54	Mount Marty Twilight	4/24/12
	Mile	4:41.05	John Dalton	2/17/12
Jordan Fuglestad (So.)	800 meters	1:56.74	Howard Wood Dakota Relays	5/7/11
	400 meters	50.90	Twilight Meet	2/18/11
	1,500 meters	4:13.96	Vance Butler Invite	4/2/11
Brant Haase (Fr.)	Mile	4:28.37	Bill Hillenbrand	2/2/12
	3,000 meters	8:46.34	Bill Bergan Invitational (ISU)	1/28/12
	5,000 meters	14:58.70	ISU Classic	2/9/12
Erik Hill (Fr.)	60-meter hurdles	8.43	Bill Bergan Invitational (ISU)	1/28/12
	400-meter hurdles	54.06	Aztec Open	3/16/12
	110-meter hurdles	15.07	Nebraska Invitational	5/5/12
Alex Hohenthauer (So.)	800 meters	1:57.92	Howard Wood Dakota Relays	5/7/11
	1,500 meters	3:59.60	Mount Marty Twilight	4/24/12
	Mile	4:21.60	Jack Johnson Classic	1/21/12
	3,000 meters	8:57.70	ISU Classic	2/11/12
	Steeplechase	10:43.85	Vance Butler Invite	4/2/11
	5,000 meters	16:08.44	Double Dual	4/6/12
Taylor Huseman (Fr.)	800 meters	1:59.70	Alumni Meet	1/14/12
	Mile	4:24.30	Jack Johnson Classic	1/20/12
Drew Iddings (Fr.)	High jump	6-6 3/4	Alumni Meet	1/14/12
Brandon Kovash (Jr.)	60 meters	7.11	USD Alumni Meet	1/15/11
	100 meters	10.67	GWC Outdoor Championships	5/14/11
	200 meters	21.98	GWC Outdoor Championships	5/14/11
	400 meters	51.75	ISU Classic	2/11/10
Madison Landeen (Fr.)	Decathlon	5,206	Wildcat Classic	3/31/12
	Hepathlon	3,663	Bill Hillenbrand	2/2/12
	High jump	5-7	John Dalton	2/17/12
	60-meter hurdles	9.43	John Dalton	2/17/12
	Long jump	20-0 1/4	Nebraska Invitational	5/5/12
	100 meters	11.30	Dakota Dual	4/6/12

Benson Langat (Jr.)	800 meters	1:59.91	Nebraska Invitational	5/5/12
	Mile	4:22.50	Wildcat Classic	3/31/12
	1,500 meters	4:06.19	Kansas Relays	4/19/12
	3,000 meters	8:38.41	ISU Classic	2/11/12
	5,000 meters	15:18.37	ISU Classic	2/10/12
Cody Linder (Sr.)	Triple jump	48-0	GWC Outdoor Championships	5/13/11
	Javelin Throw	123-7	Double Dual	4/9/11
	Long jump	23-0 1/2	GWC Outdoor Championships	5/17/09
	High jump	5-9	GWC Outdoor Championships	5/13/11
Ethan Marquardt (Jr.)	800 meters	1:59.52	Sioux City Relays	4/13/12
	1,500 meters	3:55.87	Mount Marty Twilight	4/24/12
	Mile	4:18.55	Bill Bergan Invite	1/28/12
	3,000 meters	8:29.80	Double Dual	4/9/11
	Steeplechase	9:27.27	Sioux City Relays	4/14/12
	5,000 meters	14:58	Howard Wood Dakota Relays	4/30/10
	10,000 meters	30:36.62	Drake Relays	4/24/12
Tyler Maxwell (Sr.)	Decathlon	5,358	GWC Outdoor Championships	5/13/10
	Heptathlon	3,876	Great West Indoor	2/27/11
	Javelin Throw	194-7	Mount Marty Twilight	4/24/12
	High Jump	5`10`	Twilight Meet	4/25/11
Kyle McKelvey (Fr.)	Shot put	58-10 3/4	Double Dual	4/16/12
	Discus	167-7	Discus	4/6/12
	Hammer throw	149-6 3/4	Aztec Open	3/16/12
	Weight throw	50-7	Bill Hillenbrand	2/2/12
	Jeff Mettler (So.)	800 meters	1:54.47	Mount Marty Twilight
Mile		4:10.43	Jack Johnson Classic	1/20/12
1,500 meters		3:53.45	Twilight Meet	4/25/11
3,000 meters		8:15.46	ISU Classic	2/9/12
5,000 meters		14:50.35	Kansas Relays	4/20/12
Steeplechase		8:58	Sioux City Relays	4/14/12
Adam Mikkelsen (So.)	High jump	6-8 3/4	Wildcat Classic	3/31/12
Stephen Nielson (Fr.)	600 meters	1:24.04	Frank Sevigne Husker Invite	2/3/12
	800 meters	1:56.17	Nebraska Invitational	5/5/12
	Mile	4:31.13	Wildcat Classic	3/31/12
	1,500 meters	4:07.33	Sioux City Relays	4/13/12
Jeff O'Connell (Fr.)	Long jump	23-5	Summit Indoor Championships	2/25/12
	Triple jump	44-7 1/2	Alumni Meet	1/14/12
	High jump	6-2	Nebraska Invitational	5/5/12
Chad Pinkelman (Sr.)	High jump	6-6 3/4	GWC Indoor Championships	2/26/10
	Triple jump	47-11 1/4	Howard Wood Dakota Relays	4/30/10
	Long jump	23-4 3/4	Wildcat Classic	3/31/12
Kevin Sarekhani (So.)	Pole vault	15-11	John Dalton	2/17/12
Jordan Schumacher (Fr.)	60 meters	7.25	John Dalton	2/17/12
	100 meters	10.97	Double Dual	4/6/12
	200 meters	22.36	Wildcat Classic	3/31/12
	400 meters	51.03	Double Dual	4/9/11
	Long jump	21-0	Jack Johnson Classic	1/21/12
Tad Schuurmans (Fr.)	Triple jump	41-11 1/2	Jack Johnson Classic	1/21/12
	100 meters	11.57	Mount Marty Twilight	4/24/12
	Casey Shade (Jr.)	400 meters	47.70	Nebraska Invitational
600 meters		1:19.82	Jack Johnson Classic	1/20/12
800 meters		1:49.64	Arkansas Spring Invite	3/31/12
1,000 meters		2:26.22	Alumni Meet	1/14/12
1,500 meters		4:02.37	Vance Butler Invite	4/2/11
Cody Snyder (So.)	Shot put	57-3	John Dalton	2/17/12
	Discus	186-8	Double Dual	4/6/12
	Hammer throw	102-10 1/4	Double Dual	4/9/11
Jason Steinberg (So.)	Decathlon	5,034	Wildcat Classic	3/31/12
	Heptathlon	4,206	Summit Indoor Championships	2/25/12
	60-meter hurdles	7.32	Bill Hillenbrand	2/2/12
	110-meter hurdles	16.80	Nebraska Invitational	5/5/12
	400 meter hurdles	55.93	GWC Outdoor Championships	5/13/11

Denton Stephens (So.)	400 meters	52.37	Wildcat Classic	3/31/12
	Long jump	20-3 3/4	Sioux City Relays	4/14/12
	Weight throw	48-9 1/2	USD Intersquad	12/9/10
	Discus	149-6	Wildcat Classic	3/31/12
	Shot Put	45-3 1/2	GWC Indoor Championships	2/27/11
Tyler Sternhagen (Fr.)	Hammer Throw	170-2	Aztec Open	3/16/12
	400 meters	49.76	Kansas Relays	4/21/12
	800 meters	1:55.63	Nebraska Invitational	5/5/12
Kyle Wheeler (Sr.)	Discus	165-9 1/4	Wildcat Classic	3/31/12
	Shot put	38-9 3/4	Great West Indoor	2/27/11
	Weight Throw	56-6 1/4	Summit Indoor Championships	2/25/12
Tanner Willard (Sr.)	Decathlon	5,003	GWC Outdoor Championships	5/13/11
	Javelin Throw	149-10	Twilight Meet	4/25/11
	400 meter	57.12	Sioux City Relays	4/15/11
	Pole vault	14-6 3/4	Wildcat Classic	3/31/12
	Long Jump	20-4	GWC Outdoor Championships	5/14/11
	Heptathlon	3,915	Great West Indoor	2/27/11
	Decathlon	4,641	GWC Outdoor Championships	5/13/10
	Shot put	33-0 3/4	Wildcat Classic	3/31/12
	60-meter hurdles	7.20	John Dalton	2/17/12
	Long jump	22-1 3/4	Summit Indoor Championships	2/24/12
Justin Wohlert (Fr.)				

