

North Central Regional Cross Country Meet - Men
Wayne State College, Wayne, NE
November 4, 2006 - 10 Kilometers

Place	Tea	Name	Year	Team	3ksplit	5ksplit	Finish	Pace
=====	===	=====	=====	=====	=====	=====	=====	=====
1	1	Kim Hogarth	SO	Western State	9:22	15:30	30:33.0	4:55
2	1	Jesus Solis	SR	Adams State	9:23	15:30	30:43.4	4:57
3	1	Joel Hamilton	SR	Colorado Mines	9:23	15:30	30:51.3	4:58
4	2	Jacob Raines	SO	Adams State	9:22	15:30	30:56.7	4:59
5	3	Michael Yorek	JR	Adams State	9:23	15:30	30:59.7	5:00
6	2	Aaron Clark	SO	Western State	9:23	15:37	31:02.8	5:00
7	4	Aaron Braun	SO	Adams State	9:24	15:37	31:04.8	5:01
8	5	Aucencio Martinez	SR	Adams State	9:24	15:37	31:11.1	5:02
9	2	Greg Reindl	SR	Colorado Mines	9:23	15:36	31:17.6	5:03
10	3	Laurence McDaris	SR	Colorado Mines	9:24	15:48	31:35.5	5:06
11	3	Cole Murch	SR	Western State	9:23	15:45	31:38.3	5:06
12	6	Brian Medigovich	SO	Adams State	9:24	15:38	31:38.4	5:06
13	1	Eric Atkinson	JR	Minnesota-Duluth	9:24	15:48	31:41.0	5:06
14	4	Scott Dahlberg	JR	Western State	9:28	15:57	31:51.7	5:08
15	1	Tyler Wetering	SR	South Dakota	9:23	15:47	31:54.3	5:09
16	1	David Kemei	JR	New Mexico Highlands	9:35	16:03	32:04.8	5:10
17	1	Todd Tolentino	SO	Metropolitan St.	9:24	15:48	32:05.4	5:10
18	1	James Krajsa	FR	Minn. St. Mankato	9:30	16:06	32:07.3	5:11
19	1	Aaron Rubalcaba-Lopez	SR	UC-Colo. Spgs.	9:31	16:05	32:07.5	5:11
20	2	Jason Rengo	SR	Minn. St. Mankato	9:29	16:06	32:11.0	5:11
21	4	Ryan Miles	SR	Colorado Mines	9:30	15:59	32:11.9	5:11
22	1	Lee Dekrey	SR	North Dakota	9:30	16:03	32:15.4	5:12
23	5	Jason Graham	SO	Western State	9:29	16:06	32:16.4	5:12
24	1	Chad Backsen	JR	Augustana (S.D.)	9:24	15:49	32:17.0	5:12
25	2	Joshua Griego	JR	New Mexico Highlands	9:30	16:06	32:19.5	5:13
26	7	Nick Lara	JR	Adams State	9:29	15:58	32:20.0	5:13
27	3	Jessi Merkel	SO	Minn. St. Mankato	9:30	16:06	32:25.3	5:14
28	5	Michael Rooney	JR	Colorado Mines	9:31	15:59	32:27.1	5:14
29	6	Aaron Flower	SO	Western State	9:28	15:59	32:30.5	5:14
30	2	Brice Young	JR	Metropolitan St.	9:36	16:14	32:31.2	5:15
31	7	Andrew Hoffman	SR	Western State	9:28	16:08	32:38.3	5:16
32	2	Dan Pinter	SO	UC-Colo. Spgs.	9:33	16:10	32:43.2	5:16
33	3	Eiger Erickson	FR	Metropolitan St.	9:34	16:16	32:51.1	5:18
34	1	Matt Scott	SR	Northern State	9:34	16:18	32:54.0	5:18
35	4	Jeff Stuckenbroker	JR	Minn. St. Mankato	9:36	16:13	32:55.8	5:18
36	6	Clifton Oertli	JR	Colorado Mines	9:34	16:20	32:56.7	5:19
37	2	Austin Vande Berg	FR	Augustana (S.D.)	9:33	16:17	33:02.2	5:19
38	5	Dan Ristau	JR	Minn. St. Mankato	9:30	16:11	33:02.8	5:20
39	3	Bart Johnson	JR	Augustana (S.D.)	9:31	16:08	33:04.3	5:20
40	2	Brian Polski	SR	Minnesota-Duluth	9:37	16:21	33:08.2	5:20
41	4	Carlos Nilsen Gjil	SO	Augustana (S.D.)	9:53	16:36	33:13.7	5:21
42	1	Dane Moreland	SR	Minn. St. Moorhead	9:38	16:27	33:14.9	5:22
43	1	Jesse Hunter	SR	Regis (Colo.)	9:44	16:32	33:18.7	5:22
44	3	Gabe Small	SO	UC-Colo. Spgs.	9:58	16:45	33:19.7	5:22
45	2	Danny Scott	SO	Northern State	9:43	16:41	33:21.3	5:23
46	1	Andrew Heller	SR	Nebraska-Kearney	9:41	16:27	33:23.6	5:23
47	6	Dustin Fier	SR	Minn. St. Mankato	9:45	16:50	33:28.2	5:24
48	1	Sean Dunlap	FR	Fort Lewis	10:06	17:01	33:29.8	5:24
49	3	Nate Anderson	SO	Minnesota-Duluth	9:45	16:37	33:34.8	5:25
50	2	Dylan Peterson	SO	Fort Lewis	10:05	17:01	33:37.2	5:25

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Place	Tea	Name	Year	Team	3ksplit	5ksplit	Finish	Pace
=====	===	=====	=====	=====	=====	=====	=====	=====
51	4	Zach Varty	FR	Minnesota-Duluth	9:45	16:27	33:38.9	5:25
52	5	Rob Ihry	JR	Augustana (S.D.)	9:56	16:52	33:42.0	5:26
53	1	Jeremiah Herron	SR	Wayne St. (Neb.)	9:37	16:36	33:42.5	5:26
54	2	Kyle Eckhoff	SO	Minn. St. Moorhead	9:38	16:34	33:43.2	5:26
55	2	Patrick Mahoney	SR	North Dakota	10:04	16:58	33:43.6	5:26
56	6	Peter Oien	SO	Augustana (S.D.)	9:45	16:37	33:45.9	5:27
57	2	Matt Yaggie	SO	South Dakota	9:30	16:26	33:47.4	5:27
58	7	Jonathan Stoltman	SO	Minn. St. Mankato	9:40	16:46	33:47.5	5:27
59	7	Aaron Heun	SR	Colorado Mines	9:34	16:24	33:47.7	5:27
60	3	Jed Blanton	SR	Fort Lewis	9:59	16:50	33:48.7	5:27
61	4	Luna Gabe	FR	Metropolitan St.	9:49	16:50	33:48.8	5:27
62	2	Brock Steinbrink	JR	Nebraska-Kearney	9:46	16:46	33:52.7	5:28
63	4	Aric Holmes	FR	UC-Colo. Spgs.	9:59	16:55	33:53.1	5:28
64	5	Jacob Schuman	FR	Metropolitan St.	9:53	16:54	33:55.4	5:28
65	3	Quinn Willet	FR	Nebraska-Kearney	9:46	16:45	34:02.2	5:29
66	1	Kyle Warren	SR	Concordia-St. Paul	10:10	17:11	34:04.3	5:29
67	5	John Kallemeyn	JR	Minnesota-Duluth	9:37	16:29	34:04.6	5:30
68	3	Kyle Downs	JR	North Dakota	10:05	16:59	34:06.6	5:30
69	3	Jerome Tafoya	SO	New Mexico Highlands	9:46	16:56	34:08.8	5:30
70	7	Nathaniel Petrich	SO	Augustana (S.D.)	9:45	16:45	34:11.0	5:31
71	5	Alex Tiernan	SO	UC-Colo. Spgs.	9:58	16:53	34:12.8	5:31
72	6	Joel Kienitz	FR	UC-Colo. Spgs.	9:59	16:53	34:13.4	5:31
73	6	Zach Mares	FR	Metropolitan St.	9:45	16:42	34:15.4	5:31
74	6	Ben Cogger	JR	Minnesota-Duluth	10:01	17:01	34:16.3	5:31
75	3	Rob Gregoire	FR	South Dakota	9:40	16:43	34:17.3	5:32
76	4	Kyle Rosseau	FR	North Dakota	10:05	16:59	34:17.5	5:32
77	4	Robert Bartholomew	SR	New Mexico Highlands	9:48	16:53	34:20.1	5:32
78	2	Adrian Martinez	FR	Regis (Colo.)	10:02	17:01	34:21.9	5:32
79	7	Jordan Bjorhus	FR	Minnesota-Duluth	10:04	17:02	34:24.0	5:33
80	5	Jeremy Jones	SO	North Dakota	9:57	16:56	34:32.4	5:34
81	4	Zach Valdez	SR	Fort Lewis	10:05	17:00	34:40.2	5:35
82	6	Nathan Nordlund	SO	North Dakota	10:05	17:00	34:45.1	5:36
83	4	Sean Fitzsimmons	FR	South Dakota	9:52	17:02	34:48.7	5:37
84	5	Keith Baca	JR	Fort Lewis	10:26	17:42	34:49.9	5:37
85	1	Neil Skoog	FR	Winona State	10:04	17:14	34:52.3	5:37
86	3	Adam Kne	FR	Minn. St. Moorhead	10:08	17:13	34:57.9	5:38
87	4	Justin Zahller	JR	Nebraska-Kearney	9:49	17:03	34:59.8	5:38
88	5	Rylan Little	SO	Nebraska-Kearney	10:01	17:10	35:02.2	5:39
89	7	Richie Spitsberg	SR	North Dakota	9:55	17:17	35:08.6	5:40
90	6	Jason Relph	SR	Nebraska-Kearney	10:01	17:16	35:09.7	5:40
91	5	Josh Blue	JR	South Dakota	10:04	17:14	35:10.7	5:40
92	3	Josh Schmeichel	FR	Northern State	9:45	16:49	35:10.9	5:40
93	5	Joey Gallegos	SO	New Mexico Highlands	10:02	17:22	35:14.3	5:41
94	3	Sid White	FR	Regis (Colo.)	10:11	17:28	35:21.6	5:42
95	4	Scott Egeberg	SO	Minn. St. Moorhead	10:09	17:23	35:22.6	5:42
96	7	Shea Wilfong	FR	UC-Colo. Spgs.	10:00	17:14	35:26.8	5:43
97	1	Karl Nyberg	SO	St. Cloud St.	10:19	17:34	35:39.2	5:45
98	2	Ryan Williams	SO	Wayne St. (Neb.)	10:10	17:42	35:39.7	5:45
99	6	Ben Schlosser	FR	South Dakota	10:08	17:33	35:41.8	5:45
100	5	Dustin Lillegaard	JR	Minn. St. Moorhead	10:31	17:55	35:50.1	5:47

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Place	Tea	Name	Year	Team	3ksplit	5ksplit	Finish	Pace
=====	===	=====	=====	=====	=====	=====	=====	=====
101	7	Roscoe Smith	SO	Metropolitan St.	10:16	17:42	35:57.2	5:48
102	6	Timothy Nescheim	SR	Minn. St. Moorhead	10:08	17:38	36:00.3	5:48
103	7	John Coleman	FR	South Dakota	10:34	17:53	36:08.5	5:49
104	2	Daniel Schield	FR	Concordia-St. Paul	10:28	17:52	36:17.4	5:51
105	6	John Ronoh	FR	New Mexico Highlands	9:50	17:08	36:17.4	5:51
106	7	Thomas Neemann	FR	Nebraska-Kearney	10:19	17:53	36:35.6	5:54
107	3	Paul James	JR	Concordia-St. Paul	10:45	18:18	36:41.7	5:55
108	6	Alister Ratcliff	FR	Fort Lewis	10:26	17:47	36:42.6	5:55
109	3	Jimmie Doherty	FR	Wayne St. (Neb.)	10:32	18:10	37:01.3	5:58
110	7	Anthony Gonzales	FR	New Mexico Highlands	10:35	18:18	37:08.5	5:59
111	7	Leighton Reuss	JR	Minn. St. Moorhead	10:34	18:15	37:09.8	5:59
112	2	Daniel Gibbons	FR	Winona State	10:51	18:37	37:12.0	6:00
113	4	Kevin Dahlberg	SO	Northern State	10:08	17:41	37:24.4	6:02
114	4	Tim Feulner	SO	Regis (Colo.)	10:29	18:22	37:24.6	6:02
115	5	Josh Meier	FR	Regis (Colo.)	10:39	18:25	37:28.7	6:02
116	4	Nate McIntire	SR	Wayne St. (Neb.)	10:44	18:32	37:36.6	6:04
117	4	Juan Perez	FR	Concordia-St. Paul	10:46	18:31	38:04.4	6:08
118	5	Jake Mills	FR	Concordia-St. Paul	10:55	18:45	38:09.7	6:09
119	5	Andrew Bachman	FR	Wayne St. (Neb.)	10:47	18:50	38:20.0	6:11
120	2	David Manly	JR	St. Cloud St.	10:36	18:36	38:28.8	6:12
121	3	Ryan Slack	FR	Winona State	10:15	18:00	38:33.4	6:13
122	6	Nathaniel Bergen	SO	Wayne St. (Neb.)	10:47	18:49	38:38.0	6:14
123	7	Bobby Bronaugh	FR	Fort Lewis	11:16	19:14	38:38.2	6:14
124	6	Dylan Engberg	SR	Regis (Colo.)	10:38	18:14	38:46.7	6:15
125	5	Tim Baustian	FR	Northern State	11:27	19:31	39:08.0	6:18
126	6	Alan Stage	JR	Concordia-St. Paul	11:32	19:46	39:38.6	6:23
127	4	Kevin Kallas	FR	Winona State	11:04	19:12	40:02.8	6:27
128	3	Brynne Lindquist	FR	St. Cloud St.	10:48	19:15	40:08.1	6:28
129	7	Matt Zavala	SR	Regis (Colo.)	11:37	20:04	40:45.7	6:34
130	7	Carl Wendorff	FR	Concordia-St. Paul	11:45	20:15	40:59.6	6:36
131	4	Lucas Pederson	FR	St. Cloud St.	11:17	19:44	41:03.1	6:37
132	5	Jeremy Johnson	SO	Winona State	12:04	21:05	42:53.0	6:55
133	6	Benjamin McDonald	FR	Winona State	12:02	21:37	43:34.0	7:01
134	5	Nick Hamm	SO	St. Cloud St.	13:12	23:56	52:00.5	8:23

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1.	26	Adams State	(30:59.60	2:34:58.00)				
=====									
1	2	Jesus Solis SR		30:43.40	5	8	Aucencio Martinez SR	31:11.05	
2	4	Jacob Raines SO		30:56.70	6	(12)	Brian Medigovich SO	31:38.35	
3	5	Michael Yorek JR		30:59.70	7	(26)	Nick Lara JR	32:20.00	
4	7	Aaron Braun SO		31:04.75					
2.	55	Western State	(31:28.80	2:37:24.00)				
=====									
1	1	Kim Hogarth SO		30:33.00	5	23	Jason Graham SO	32:16.35	
2	6	Aaron Clark SO		31:02.80	6	(29)	Aaron Flower SO	32:30.50	
3	11	Cole Murch SR		31:38.25	7	(31)	Andrew Hoffman SR	32:38.30	
4	14	Scott Dahlberg JR		31:51.65					
3.	71	Colorado Mines	(31:41.20	2:38:26.00)				
=====									
1	3	Joel Hamilton SR		30:51.30	5	28	Michael Rooney JR	32:27.10	
2	9	Greg Reindl SR		31:17.55	6	(36)	Clifton Oertli JR	32:56.65	
3	10	Laurence McDaris SR		31:35.45	7	(59)	Aaron Heun SR	33:47.70	
4	21	Ryan Miles SR		32:11.90					
4.	138	Minn. St. Mankato	(32:32.80	2:42:44.00)				
=====									
1	18	James Krajsa FR		32:07.30	5	38	Dan Ristau JR	33:02.80	
2	20	Jason Rengo SR		32:11.00	6	(47)	Dustin Fier SR	33:28.20	
3	27	Jessi Merkel SO		32:25.30	7	(58)	Jonathan Stoltman SO	33:47.50	
4	35	Jeff Stuckenbroker JR		32:55.80					
5.	193	Augustana (S.D.)	(33:04.20	2:45:21.00)				
=====									
1	24	Chad Backsen JR		32:17.00	5	52	Rob Ihry JR	33:42.00	
2	37	Austin Vande Berg FR		33:02.20	6	(56)	Peter Oien SO	33:45.90	
3	39	Bart Johnson JR		33:04.30	7	(70)	Nathaniel Petrich SO	34:11.00	
4	41	Carlos Nilsen Gjil SO		33:13.70					
6.	205	Metropolitan St.	(33:03.00	2:45:15.00)				
=====									
1	17	Todd Tolentino SO		32:05.35	5	64	Jacob Schuman FR	33:55.40	
2	30	Brice Young JR		32:31.20	6	(73)	Zach Mares FR	34:15.40	
3	33	Eiger Erickson FR		32:51.05	7	(101)	Roscoe Smith SO	35:57.20	
4	61	Luna Gabe FR		33:48.80					
7.	220	Minnesota-Duluth	(33:13.80	2:46:09.00)				
=====									
1	13	Eric Atkinson JR		31:40.95	5	67	John Kallemeyn JR	34:04.60	
2	40	Brian Polski SR		33:08.20	6	(74)	Ben Cogger JR	34:16.25	
3	49	Nate Anderson SO		33:34.80	7	(79)	Jordan Bjorhus FR	34:24.00	
4	51	Zach Varty FR		33:38.85					

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8.	229	UC-Colo. Spgs.	(33:15.80	2:46:19.00)				
=====									
1	19	Aaron Rubalcaba-Lopez SR		32:07.50	5	71	Alex Tiernan SO	34:12.75	
2	32	Dan Pinter SO		32:43.15	6	(72)	Joel Kienitz FR	34:13.40	
3	44	Gabe Small SO		33:19.70	7	(96)	Shea Wilfong FR	35:26.75	
4	63	Aric Holmes FR		33:53.10					
9.	280	New Mexico Highlands	(33:38.00	2:48:10.00)				
=====									
1	16	David Kemei JR		32:04.80	5	93	Joey Gallegos SO	35:14.30	
2	25	Joshua Griego JR		32:19.45	6	(105)	John Ronoh FR	36:17.40	
3	69	Jerome Tafoya SO		34:08.80	7	(110)	Anthony Gonzales FR	37:08.50	
4	77	Robert Bartholomew SR		34:20.10					
10.	301	North Dakota	(33:47.60	2:48:58.00)				
=====									
1	22	Lee DeKrey SR		32:15.40	5	80	Jeremy Jones SO	34:32.40	
2	55	Patrick Mahoney SR		33:43.60	6	(82)	Nathan Nordlund SO	34:45.10	
3	68	Kyle Downs JR		34:06.60	7	(89)	Richie Spitsberg SR	35:08.60	
4	76	Kyle Rosseau FR		34:17.45					
11.	321	South Dakota	(34:00.20	2:50:01.00)				
=====									
1	15	Tyler Wetering SR		31:54.25	5	91	Josh Blue JR	35:10.70	
2	57	Matt Yaggie SO		33:47.40	6	(99)	Ben Schlosser FR	35:41.75	
3	75	Rob Gregoire FR		34:17.30	7	(103)	John Coleman FR	36:08.50	
4	83	Sean Fitzsimmons FR		34:48.70					
12.	323	Fort Lewis	(34:05.60	2:50:28.00)				
=====									
1	48	Sean Dunlap FR		33:29.80	5	84	Keith Baca JR	34:49.90	
2	50	Dylan Peterson SO		33:37.20	6	(108)	Alister Ratcliff FR	36:42.60	
3	60	Jed Blanton SR		33:48.70	7	(123)	Bobby Bronaugh FR	38:38.15	
4	81	Zach Valdez SR		34:40.20					
13.	348	Nebraska-Kearney	(34:16.60	2:51:23.00)				
=====									
1	46	Andrew Heller SR		33:23.55	5	88	Rylan Little SO	35:02.20	
2	62	Brock Steinbrink JR		33:52.70	6	(90)	Jason Relph SR	35:09.70	
3	65	Quinn Willet FR		34:02.20	7	(106)	Thomas Neemann FR	36:35.60	
4	87	Justin Zahller JR		34:59.75					
14.	377	Minn. St. Moorhead	(34:38.20	2:53:11.00)				
=====									
1	42	Dane Moreland SR		33:14.90	5	100	Dustin Lillegaard JR	35:50.10	
2	54	Kyle Eckhoff SO		33:43.20	6	(102)	Timothy Nescheim SR	36:00.25	
3	86	Adam Kne FR		34:57.90	7	(111)	Leighton Reuss JR	37:09.80	
4	95	Scott Egeberg SO		35:22.60					

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15.	409	Northern State	(35:36.00	2:58:00.00)			
=====								
1	34	Matt Scott SR		32:53.95	4	113	Kevin Dahlberg SO	37:24.35
2	45	Danny Scott SO		33:21.25	5	125	Tim Baustian FR	39:08.00
3	92	Josh Schmeichel FR		35:10.85				
16.	444	Regis (Colo.)	(35:35.40	2:57:57.00)			
=====								
1	43	Jesse Hunter SR		33:18.65	5	115	Josh Meier FR	37:28.70
2	78	Adrian Martinez FR		34:21.90	6	(124)	Dylan Engberg SR	38:46.65
3	94	Sid White FR		35:21.60	7	(129)	Matt Zavala SR	40:45.70
4	114	Tim Feulner SO		37:24.60				
17.	495	Wayne St. (Neb.)	(36:28.40	3:02:22.00)			
=====								
1	53	Jeremiah Herron SR		33:42.50	4	116	Nate McIntire SR	37:36.60
2	98	Ryan Williams SO		35:39.65	5	119	Andrew Bachman FR	38:20.00
3	109	Jimmie Doherty FR		37:01.30	6	(122)	Nathaniel Bergen SO	38:37.95
18.	512	Concordia-St. Paul	(36:40.00	3:03:20.00)			
=====								
1	66	Kyle Warren SR		34:04.30	5	118	Jake Mills FR	38:09.70
2	104	Daniel Schield FR		36:17.35	6	(126)	Alan Stage JR	39:38.60
3	107	Paul James JR		36:41.70	7	(130)	Carl Wendorff FR	40:59.60
4	117	Juan Perez FR		38:04.40				
19.	577	Winona State	(38:43.00	3:13:35.00)			
=====								
1	85	Neil Skoog FR		34:52.25	4	127	Kevin Kallas FR	40:02.80
2	112	Daniel Gibbons FR		37:11.95	5	132	Jeremy Johnson SO	42:52.95
3	121	Ryan Slack FR		38:33.35	6	(133)	Benjamin McDonald FR	43:34.00
20.	610	St. Cloud St.	(41:28.60	3:27:23.00)			
=====								
1	97	Karl Nyberg SO		35:39.15	4	131	Lucas Pederson FR	41:03.05
2	120	David Manly JR		38:28.80	5	134	Nick Hamm SO	52:00.50
3	128	Brynne Lindquist FR		40:08.10				