

Coyote Champion

September 2010

Inside this issue:

CARA Reporting cont.	2
New to USD	2
Student-Athlete Reminders	2
Don't Bet on it!	3
New NCAA Legislation	3
Inside Story	5
Inside Story	6

CARA Reporting: Importance of the Student-Athlete

CARA logs, or rather Countable Athletically Related Activity logs, are an important safeguard for NCAA student-athletes.

Logs are completed on a weekly basis throughout the course of the year. Coaches must report hours of required practice, competition, and review for each day of the week. When in season a total of 20 hours a week, and max of 4 hours per day is allowed for these activities in each sport. Coaches are allowed 8 hours a week when their sport is out of season.

It is the responsibility of the coaching staff to accurately calculate these hours for each day and record them each week. Before the form is considered complete, two student-athletes in the sport need to sign off on the hours confirming they are correct.

It is important for student-athletes to be aware of this responsibility. As a participant in the sport they know better than any other how much time was spent at required sport activities.



The average Division I NCAA student-athlete has approximately only 15 hours of free time in a week.

Continued on page 2.

Uncertain what to do??

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USD COMPLIANCE

Division I Recruiting Calendar for September, 2010

Men's Basketball

Sept. 1-8 Quiet Period
Sept. 9-30 Contact Period

Women's Basketball

Sept. 1-15 Quiet Period
Sept. 16-30 Contact Period

Softball

Sept. 1-30 Contact period

Football

Sept. 1-30 Evaluation -
*days not used for evaluation are considered quiet period days.

Track/Cross Country

Sept. 1-30 Contact period

Volleyball

Sept. 1-30 Contact period

All other sports

Sept. 1-30 Contact period



New to USD

The start of the 2010-2011 Academic year at USD welcomes some new faces in the Athletic Department.

Mandy Green is now the Women's Head Soccer coach. Having served in varying collegiate coaching positions she looks to use her experience to create a competitive and respected

program. She is assisted by her husband, Josh and Assistant Laura Hallauer.

David Saylor was hired over the summer to fill the shoes of former Athletic Director Joel Nielsen, who took the Athletic Director position at Kent State. Saylor served as the Senior Executive Athletic Direc-

tor at Rice University for four years, before accepting the job here at USD. (Picture: Athletic Dir. David Saylor, below)



Picture: USD Head Women's Soccer Coach

CARA Logs: Importance of the Student-Athlete *cont. from pg. 1*

This is why it is so important for student-athletes to make sure coaches adhere to the NCAA rules pertaining to CARA logs.

An example of a recent violation occurred at Ball State University. The former Women's Tennis Coach had student-athletes participat-

ing in athletic activities exceeding the allowed hours. The coach failed to provide the two required days off per week in the off-season and also failed to report some activities on CARA logs.

When coaches put student-athletes in a position where they are

forced to complete more than the allowed activity hours possible consequences may arise. A committee member on this case stated that "Excessive participation in athletically related activities detracts from time that can be devoted to academic work and can lead to any number of

dangerous medical conditions for student-athletes."

Here at USD we encourage our student-athletes to review each CARA log they sign to ensure that all required activities are accounted for, and to report any discrepancies that may be found.

Student-Athlete Reminders

USD may provide a student-athlete with a maximum of four complimentary admissions per regular season home and away competitions, regardless of whether the student-athlete competes in the contest.

Student-athletes may not receive "hard" tickets. Complimentary admissions are provided only through a pass list that the ticket office and

Compliance Office have approved. These pass lists will be filled out by the student-athlete for each individual contest.

Student-athletes may assign complimentary admissions to family members, relatives and friends. The individual receiving the complimentary admission must present identification and sign the

appropriate paperwork at the gate of the event. Neither the student-athlete, nor the individual designated to receive the ticket may exchange the ticket for money or any item of value. Doing so would result in a NCAA violation.



Don't Bet On It: Gambling a NO in NCAA

Conferences or institutional staff members, as well as all student-athletes, **SHALL NOT** knowingly:

1. Provide information concerning any type of intercollegiate athletics to individuals involved in or linked to organized gambling activities;
2. Solicit or accept a bet on any intercollegiate team. Including participation in NCAA basketball tournament pools, "knockout" football pools, and football "pick-em" contests;
3. Place or accept a bet on any intercollegiate competition for any item that has tangible value (e.g., cash, merchandise, dinner); or
4. Participate in any gambling activity involving intercollegiate athletics or professional athletics, through a bookmaker, an internet site, a parlay card, or any other method employed by organized gambling.

For more information on NCAA Gambling regulations visit: www.dontbetonit.org

Important New NCAA Legislation

NO WRITTEN OFFERS OF AID: Prior to August 1 of a prospect's senior year, it will no longer be permissible to indicate in writing that the prospect will be offered a grant-in-aid. This includes sending an E-mail that states anything in reference to an offer of Athletic Aid, prior to August 1 of the prospect's senior year.

PHONE CALLS/OFFICIAL VISITS: Athletics department staff members may make unlimited telephone calls to the prospective student-athlete or those individuals accompanying the prospective student-athlete during the prospective student-athlete's official visit transportation and during his or her official visit. Non-coaching staff members or

a non-countable coach may initiate telephone calls to and receive calls from a prospective student-athlete or those individuals accompanying the prospective student-athlete during the prospective student-athlete's official visit transportation and during his or her official visit



NCAA Infraction Press Releases

- ◆ **Decision on University of Arizona**—article about decision made on the University's Men's Basketball staff recruiting violations. http://www.ncaa.org/wps/myportal/ncaahome?WCM_GLOBAL_CONTEXT=/ncaa/ncaa/media+and+events/press+room/news+release+archive/2010/infractions/20100729+d1+coi+arizona+rls